





Enriching Lives. Enhancing Care.

2016-2017 Annual Report



" Caring for seniors in our community must be a priority for all of us."

~ Dr. Paul O'Byrne





"Your vision becomes clear when you look inside your heart. Who looks outside, dreams. Who looks inside, awakens." - Carl Jung

ANNUAL MESSAGE FROM THE FOUNDATION BOARD CHAIR AND C.E.O.

For 39 years, St. Joseph's Villa Foundation has been honoured to serve Villa residents, seniors and the most vulnerable in our community. The Sisters of St. Joseph continue to inspire our mission and our vision to anticipate the needs of our residents and the aging population in our community. As one of the largest long-term care homes in Ontario, St. Joseph's Villa is a leader in elder care. The Foundation is proud to nurture vision into reality to help improve the quality of life for every resident and member of our community.



Maureen Ellis,
President & CEO



Dave Weber, Board Chair

Inspired Vision, Supported by Generosity

We are grateful to have insightful donors and partners who not only understand and support the present needs of Villa residents, but who are also willing to listen, identify opportunities and contribute in leading us into the future of seniors care. Thank you for recognizing how vital you are to our success and making the choice to walk with us, the Villa and our current and future residents.

Villa Staff have a profound impact on our residents, their families and our community. You are chosen for your knowledge, relentless compassion and the sense of purpose that inspires the care you provide every day. You give us confidence that no matter what challenges or changes the future holds, everything is possible.

We appreciate the collaboration and outstanding efforts of Derrick Bernardo, SJV President, and his management team. We draw strength from working together to achieve our collective goals and provide our residents and community seniors with exceptional care.

We are fortunate to have a talented Board of Directors who is passionate about the Villa. Their leadership over the last several months on the important Hospice project has been critical. Each of our Board Members takes an active role - participating in our fundraising activities and actively engaging our valuable donors and supporters.

Villa Volunteers supported us through a busy year of events for residents, their families and the community. We thank you for contributing your time, energy and talents to visit one-on-one with residents and for getting involved with Villa programs that would not exist without you. We appreciate the creativity and expertise that you add to our fundraising events and committees.

Bringing Vision to Life

Special thanks to the unyielding dedication and spirit of everyone in the Villa Family. This past year, we have been able to steadily enhance care and the quality of life for our residents. We focused on accessibility and safety by funding the automation of all balcony doors, increasing the number of nurse call systems, making upgrades to our community outreach programs, and repurposing unutilized space inside the Villa to better serve the community. One of our most meaningful transformations this year has been the opening of the St. John Vianney Residence on the Villa's first floor East Wing.

As we embark on the next chapter in Villa history with the building of our new residential Hospice, we look to the year ahead with great enthusiasm. We are committed to compassion, holistic and excellent end of life and palliative care.

Since 1879, St. Joseph's Villa has specialized in caring for those in the most delicate and intimate stages of their life. We are proud to continue this tradition and chart a new course together with you to serve our community with kindness, dignity and respect.

St. Joseph's Villa Foundation Board of Directors 2016/2017

Joanne Battaglia
Mark Cox
David Curto (Vice-Chair)
Debbie Fairie
Lori Fernandes
John Lewis
Philip Lowry
Tony Mantecon
Glenn Marshall
Sarah O'Byrne
Ray Rocci (Treasurer)
Walter Silva
Dave Weber (Chair)

Gala Committee

Greg Gregoriou Anna Helseth Philip Lowry Glenn Marshall Irene O'Byrne Sarah O'Byrne (Chair) Angie van der Zalm Dave Weber

Golf Committee

David Curto (Chair)
Tony Mantecon
Bob Savelli
Bill Stewart

Staff

Maureen Ellis, President & CEO

Don Davidson,
Director of Development
& Communications

Lori Carey, Finance Manager

Sarena Paton,

Development Officer

YEAR IN REVIEW 2016-2017

St. John Vianney Residence

On June 23, 2016, we officially opened the doors of the St. John Vianney Residence for retired Diocesan priests. Through a partnership between St. Joseph's Villa Foundation, the Villa, Bishop Douglas Crosby, OMI and The Roman Catholic Diocese of Hamilton, the vacant East Wing of the first floor was transformed into eight retirement suites. We are blessed to have priests return to the Villa after many years.





Road2Hope Marathon

Team Villa was out in full force on November 4 & 5, 2016 for our most successful Road2Hope Hamilton Marathon experience yet. Close to 80 participants made up of Villa and Foundation staff, board members, Villa residents and their families, corporate partners and community schools walked and ran the 1K, 5K, 10K, Half and Full Marathon at Confederation Park, in support of our seniors.

We welcomed McCallum Sather Architects and Ira McDonald Construction Limited as corporate partners and were thrilled they could enjoy the blue skies and warm temperatures with us.

Team Villa raised over \$26,000 in pledges and sponsorships. Be part of Team Villa 2017 and run, walk or cheer in support of the Villa family!

St. Mary's Awards

The future of health care lies in the hands and hearts of our future caregivers, volunteers and health care professionals. Each year St. Joseph's Villa Foundation sponsors student awards at St. Mary Catholic Secondary School. Many recipients have taken part in the Villa **Yellowbirds** program – designed for students considering careers in health care. It focuses on patient interaction and engagement.

This year, we celebrate the outstanding achievements of Amanda Jadeski in Business, Sarah Congdon in Non Profit and Community Development, and Morgan Woods in Health and Wellness.

This year's recipient of the Foundation sponsored Rays of Light award is Julian Krygel. Julian has a logged over 469 hours of community service. He spent over 80 hours with seniors and youth in our local community and as an active member of St. Augustine's Parish.

Congratulations to all of our future leaders!





The skill-challenging course at Dundas Valley Golf and Curling Club was no match for our golfers on October 4, 2016 at the 13th Annual Neil McArthur Memorial Golf Tournament. The sun was shining and the shots were soaring as 144 eager golfers enjoyed a quick lunch and then hit the greens. Golfers relaxed over dinner and took part in Dundas Valley's scenic views. The tournament raised an incredible **\$80,000** in support of Villa residents and community seniors.

This day of focus, fun and friendly competition would not be possible without the support of our caring sponsors – Dundas Valley Golf and Curling Club, Mathews Dinsdale, Medical Pharmacies Group Inc. and Taylor Chrysler Dodge and our community partners and supporters.









Thank you to the Golf Committee, chaired by Dave Curto, for helping us to create the best experience for our golfers and making this tournament another sell-out event.

We look forward to seeing you on Tuesday, October 3, 2017 for the 14th Annual Neil McArthur Memorial Golf Tournament. Register before July to reserve your foursome!

RED

CELEBRATING $oldsymbol{150}$ years of our nation

It was a record breaking celebration to mark Canada's 150th Anniversary! On April 28th, 2017, we welcomed 570 guests to Liuna Station for our spectacular 16th Annual Gala "RED", presented by Dr. Michael Shih of Emshih Developments.

Greeted by the majestic sound of bagpipes and surrounded by the beauty of our lush landscapes inspired by Group of Seven paintings, it was a proud moment to gather as Canadians and supporters of elder care in our community.

Dr. Paul O'Byrne, Honourary Chair of RED, Dean of McMaster University Faculty of Health Sciences, gave an inspiring address about his journey emigrating from Ireland with his wife Irene and raising their family in Canada. Dr. O'Byrne emphasized the importance of elder care and thanked guests for "recognizing that caring for seniors in our community must be a priority for all of us."

Sister Anne Anderson, Dr. Kevin Smith, Mayor Fred Eisenberger and MP Filomena Tassi were also present. Filomena reflected on moments spent at mother's bedside in the Villa's convalescent care unit and the compassionate, dedicated care that the Villa provides to thousands in the Greater Hamilton area.

The energy of our guests brought excitement to our live and silent auctions and raffle draws that featured unique, once-in-a-lifetime experiences. After cocktails and a mouth-watering meal, guests danced the night away to the sweet, soulful sounds of John Ellison and his band. RED is now the most highly attended gala to date and raised an astounding **\$170,000**.

Thank you to emcee Lisa Knap, Dundas Pipes & Drums, the Soft Shoe Dancers from Emily C. General School, ten of our past Honourary Chairs and the Sisters of St. Joseph who made the evening so special.

We are grateful to our major sponsors – Emshih Developments Inc, LiUNA Ontario Provincial District Council, McCallum Sather Architects Inc. (MSA), Mantecon Partners, LiUNA Local 837, Medical Pharmacies, AstraZeneca, Stephen McArthur (Mathews Dinsdale LLP), FFUN Motor Group, First Ontario, Ira McDonald Construction, Taylor Chrysler Dodge, LiUNA Local 183, Dr. Susan Reid – McMaster University Department of Surgery. We were overwhelmed by the outpouring of support from our community partners, sponsors, donors and guests.

Many thanks to all of the members of the Gala Committee, led by Sarah O'Byrne, for their creativity, generosity and long hours to make RED "brilliant", as one of our guests said.

True North, Strong and Free.

















Enhancing Care

Our 'Enhancing Care' program focuses on capital items that directly improve the quality of life, safety and comfort for our residents and community seniors who take part in our outreach programs. Through the generosity of our donors, the Foundation was pleased to provide funds towards the following priority needs this past year:

- 23 Nurse Call Bells on all outdoor balcony areas
- Nurse Call Bells on main floor outdoor spaces
- Resident Wheelchairs
- Family Palliative Chair
- Bariatric beds
- Nursing Care software (Point Click Care)
- Staff Education Scholarships

These items have an immediate impact on the lives of our residents. As the list of capital items continues to grow, we appreciate the ongoing support of our community donors and partners.



YOU CAN MAKE A DIFFERENCE TODAY

"Gift of Love"

Exciting News - On November 4th, 2016 the Hamilton Niagara Haldimand Brant (HNHB) Local Health Integration Network (LHIN) and the Ministry of Health and Long Term Care confirmed their commitment to fund a new 6-bed residential Hospice to be built on the grounds of St. Joseph's Villa. The new Residential Hospice will leverage the expertise of Stedman Community Hospice in Brantford and will benefit from shared leadership that oversees both St. Joseph's Villa and St. Joseph's Lifecare Centre, Brantford. This will help us to create a unique model of end-of-life care for Hospice guests and families that we are so proud to serve. This funding will help ensure high quality palliative and end-of-life care remains in the community for future generations.

We are grateful to His Excellency, Bishop Douglas Crosby, for taking on the role of Honourary Chair and for helping to bring one of Canada's leading businessmen to chair our fundraising campaign - Mr. Dino Trevisani, President and General Manager of IBM Canada Ltd. With support from our community, valued donors and volunteers, St. Joseph's Villa Foundation Board and staff are committed to raising the funds required to build and operate this vital addition to the St. Joseph's Villa family.

In the words of Bishop Crosby, "a gift to Hospice is a gift of Love".



Dino Trevisani



Bishop **Douglas Crosby**

Gifts of Caring

Tribute Gifts

Celebrate a special person or milestone in your life by contributing to the quality of life of Villa seniors. Birthdays, anniversaries, weddings, give meaningfully.

In Memory

Honour the life and love of those closest to you, upon their passing. In Memoriam cards can be found at the main entrances of the Villa, in the Foundation office and at local Funeral Homes. Keep their light shining.

Monthly Giving

Simplify your Giving! Pledge your support to St. Joseph's Villa seniors with a monthly gift directly from your bank account or credit card. Ask your employer about payroll deduction or doubling your impact with a matching gift!

Planned Giving

Create your legacy by helping future Villa seniors. Consider including us in your estate and financial planning and ask us about how your future generosity may benefit you today.

Donor Wall

We are pleased to recognize exceptional donors whose lifetime giving totals \$1,500 or more and donors who have made a planned gift to the Villa. Your spot on the Donor Wall is waiting. Be remembered.

For more information, please contact the Foundation Office at 905-627-9011 ext. 2399.

Give To Inspire.



Revenue by Source 2016/2017



- Hospice
- - Diocese Project
- Fundraising Revenue
- 9%
- Interest & Investment Income

- 4%
 - Requested/Planned Giving
- 4% **Enhancing Care**
- 2% Major Gifts
- **Building Today**
 - **General Donations**



Derrick Bernardo Villa President

President's Message

St. Joseph's Villa has been in existence for over 135 years and as such has been a witness to the dramatic changes that have occurred within the landscape of our health care system. With the ever-evolving demographics, health status and social determinants of our community, the Villa has become a key player in the provision of care and services for Seniors. Inherent within our organization is the mission, vision and values of our founders, the Sisters of St. Joseph of the Diocese of Hamilton whose mission is to serve the poor, the frail and the marginalized in society. As we fast forward to 2017, we continue to live their legacy in our daily work.

This year is marked by further growth and change for the Villa. From the MOH approved funding for the 6 new hospice beds to the expansion of our current Behavioural Supports Ontario (BSO) program that now includes a Transitional Lead. The Villa's future hospice will signify the construction of a beautiful state-of-the-art residential home which will support those patients and their families at their end-of-life journey. Additionally, the BSO program will further improve access for those hard to place seniors to long term care facilities. In addition, as a proud partner of the St. Joseph's Health System, we continue to collaborate with other system partners to aide in the endeavor of supporting senior friendly initiatives across the acute care sector. With these initiatives, St. Joseph's Villa has seen its mission truly come to life.

As one of the largest seniors housing campuses in Canada, we pride ourselves on creating accessible health care delivery for our Residents and Seniors in our community through the establishment of in-house specialty health care services as well as a broad range of programs including our Adult Day Centre, our Therapy Pool and Seniors in Motion Gym. These programs have the goal of keeping seniors in our community healthy, stronger and more active. With the construction of our new hospice, targeted to be completed in 2019, we believe we will be a Centre of Excellence in Palliative & End of Life Care.

I would like to extend a sincere thanks and gratitude to the St. Joseph's Villa Foundation and their Board, the official fundraising organization for our site. Without the Foundation's support, endeavors like our future 6-bed residential hospice would not be possible. To date their efforts have funded building extensions, interior renovations, critically important medical equipment & innovative programs. We look forward to our partnership with our Foundation as we continue to enhance the care and services for all those who we are privileged to serve.

Each day, the physicians, staff, researchers, learners, donors and volunteers of St. Joseph's Health System (SJHS) dedicate remarkable effort, expertise and time to advance the Mission of SJHS in the spirit and charisma of the Sisters of St. Joseph. Without the support, leadership and the contributions of our member Organizations and Foundations we simply could not achieve our goal of improving care and inspiring discovery.



This year, we acknowledge with pride and gratitude the following key initiatives that improve care for those we are privileged to serve. We would like to highlight those remarkable initiatives which are taking shape across SJHS.

SJHS Strategic Planning and Integrated Care

The driving strategic focus of the SJHS is to better integrate the care experience, especially at the points of transition of care. Our Integrated Comprehensive Care (ICC) initiatives continue to grow and explore new models and approaches, including models for services that are increasingly not institutionally based and "powered" by new technology and monitoring. Major areas of focus for our teams have broadened and encompass:

- Integrated care for hospital to home
- Integrated care across a LHIN for specific problems or conditions (COPD & CHF)
- Integrated care at full scale (i.e. all surgery)
- Integrated end of life journeys
- Integrated dementia and elder care journeys and transitions

Our integrated models have strong roots in the empowerment, engagement, and rediscovery of vocation felt by physicians and staff. With the role played by frontline staff in design, innovation and quality improvement and through their hard work, we have been able

to transcend the boundaries associated with typical health care silos of delivery. Importantly, this empowerment of staff and sense of passion for our work is very close to the heart of our Mission and our longstanding commitment to ensuring that health care decisions are made with those we serve in mind. Doing so supports our providers in achieving a quality of work life they need and deserve.

Looking ahead, SJHS will champion improving care for patients, residents, clients and work life for providers, by expanding innovative models of care delivery and research. We look forward to working with our LHIN and Ministry partners implementing the "Patients First" vision, which strongly supports our ICC directions.

It is our pleasure to express our thanks and gratitude to all those who contribute to the member Organizations and Foundations of the SJHS.



Sister Anne Anderson President & Chair St. Joseph's Health System St. Joseph's Health System



Dr. Kevin Smith President & CEO